



COOK COUNTY HOSPITAL DISTRICT  
BOARD MINUTES FOR OCTOBER 19, 2023

**Call to Order** – Kay Olson called the meeting of the Cook County Hospital District Board of Directors to order on October 19, 2023 at 9:02 a.m. in the Board Room.

**Adjourn to Closed Session** – Steve Frykman made a motion to adjourn into closed session pursuant to Minn. Stat. §145.64 subd. 1(d) to discuss decisions, recommendations, deliberations or documentation of a Review Organization. Randy Wiitala seconded the motion and the motion carried unanimously.

**Closed Session Summary** - The Quality Improvement/Peer Review Report from September 20, 2023 and the Medical Staff Report from September 20, 2023 were discussed.

**Reconvene** - The North Shore Health Board reconvened in regular session at 9:31 a.m.

**Roll Call**

**Members Present:** Steve Frykman, Kay Olson, Mary Sanders (via zoom), Randy Wiitala and Patty Winchell-Dahl

**Members Absent:**

**Others Present:** Kimber Wraalstad; Lori Ericson, Greg Ruberg; David Mills and Lori Boody

**Approval of Agenda:** Patty Winchell-Dahl made a motion to accept the meeting agenda as presented; the motion was seconded by Randy Wiitala. The motion carried unanimously.

**Public Comments:** None.

**Approval of Minutes for September 28, 2023** – Patty Winchell-Dahl made a motion to approve the minutes from the September 28, 2023 meeting as presented and the motion was seconded by Randy Wiitala. The motion carried unanimously.

**Updates:**

- a. **Clinic Board:** Kate Surbaugh was unable to attend the meeting and no report was provided.

### **Board Presentation – Force Platform Demonstration – Patrick O’Neil, DPT**

The members of the Board had an opportunity to visit the Physical Therapy Department for a demonstration of the Force Platform by Patrick O’Neil, DPT. In 2021, Dr. O’Neil wrote a successful grant request to the Lloyd K. Johnson Foundation for the purchase of the Force Platform. The intent of the addition of the Force Platform was to create a fall prevention to address increase risks Dr. O’Neil and his colleagues were seeing in their patients. The Force Platform allow for accurate assessment of postural sway, allowing the person to see tangible feedback. Dr. O’Neil estimated that the Force Platform has been used over 8,000 times since it was purchased. Ms. Winchell-Dahl and Mr. Frykman served as demonstration patients so all present were able to see the equipment used and the information it provides. The Board Members were impressed with the equipment and the program developed by Dr. O’Neil and his colleagues.

### **Adjourn:**

A motion to adjourn the meeting was made by Patty Winchell-Dahl and seconded by Steve Frykman. The motion carried unanimously. The next regular meeting will be held on Thursday, November 16, 2023.

The regular meeting adjourned at 11:07 a.m.

  
Chair

  
Clerk